



Amplify Your Leadership

Emotion Leadership training is critical for organizations of all sizes. From the boardroom to the break room, effective leaders understand and communicate with coworkers to find a shared passion for success.

Emotion Leadership Enterprises (ELE) offers a comprehensive suite of programs for professional leaders and their teams. Throughout the Leadership for the Human Spirit™ training suite, professionals learn proven strategies that impact their confidence, communication and relationships. By understanding how emotions affect yourself and others, you and your team have the opportunity to learn how to better interact for greater success.

Building Confident Leaders and Successful Teams

ELE provides effective leadership and development for training, team building and coaching. Integral in its programs are the critical skills you'll learn to accurately identify and express emotions for improved leadership – a component that is missing from most other programs. The result is better interactions, improved relationships and increased health and wellness. ELE uniquely bridges personal and professional development with tools that can extend to home and community as well.

Emotion Highway™

Identify and explore the major influences that impact every interaction. Discover how those influences impact you and your decisions. Uncover habits that corrupt your leadership and learn how to redirect your actions for successful outcomes.

Work / Life Harmony

Learn about the 7 areas of leadership development. You'll discover tools that broaden your perspective, determine where you need to focus today and develop a plan to engage your power and passion for success.

The Four Styles of Communication

Discover your unique style. Do you understand how others communicate and respond through their own style? Explore the distinct characteristics of each communication style – in its best moments and its worst – and the impact that has on your relationships.

Enlightened Leadership

Discover the four distinct levels of leadership and the impact each has on the other. Uncover your leadership abilities – and the possibilities – as you learn the formula for becoming a better leader.

Leadership for the Human Spirit Retreats

It's time to amplify your leadership! Take a deeper dive with us to:

- Discover powerful tools to optimize your relationships for purposeful interactions.
- Cultivate your personal power and peace to increase fulfillment and joy.
- Uncover and remedy self defeating behaviors to expand your confidence and leadership reach.

You Are a LEADER

Connection between businesses and the communities in which they work is critical. At ELE, we believe that strengthening and supporting that bond is integral to creating a better world. That's why we walk the walk, both locally and globally.

Giving Back...

By training and supporting your organization, you have the opportunity to support ELE's philanthropic ventures. Business sponsors offer us the opportunity to support teens around the country through no or low cost programs providing them with tools and strategies for personal growth, and helping them develop into the enlightened leaders of the future.

But it doesn't end there. We strive to make an impact by creating programs that support personal peace in an effort to give back to our global community. As we open doors to better communication and relationships, we open the door to a more peace filled world.

We know that the journey to personal peace leads to a peaceful planet – one person, one situation, one emotion at a time.

Call us for a personalized quote.

All trainings are designed to be scalable depending on the number of people that will be participating. Contact us for pricing, scheduling and details for your particular needs.

# of People	Size
0-10	Small Workshop
11-25	Medium Workshop
26-50	Large Workshop
51-100	Small Conference
101-200	Medium Conference
201-500	Large Conference

Christina Trevino, Founder and CEO

With over 20 years of experience as a certified trainer and professional coach, Christina has guided many leaders through critical junctures in both their personal life and professional career. Through her keen understanding of communication, leadership, and emotions, she can help you bring clarity, focus, and peace to your world.



Christina has held leadership training for organizations of all sizes. She has guided C-level clients through some of the pivotal crossroads, whether it was taking their businesses to the next level, undergoing a multi-million-dollar company sale, moving into a new job, or moving past a difficult relationship.

Throughout her career, she has been recognized as an outstanding member of the industry. In 2015, Austin Woman's Magazine chose her as one of its Leading Minority Female Business Owners.



Website: emotionleadership.com

Phone: 512-750-5729

Email: info@emotionleadership.com